

Bringing Out the Best with

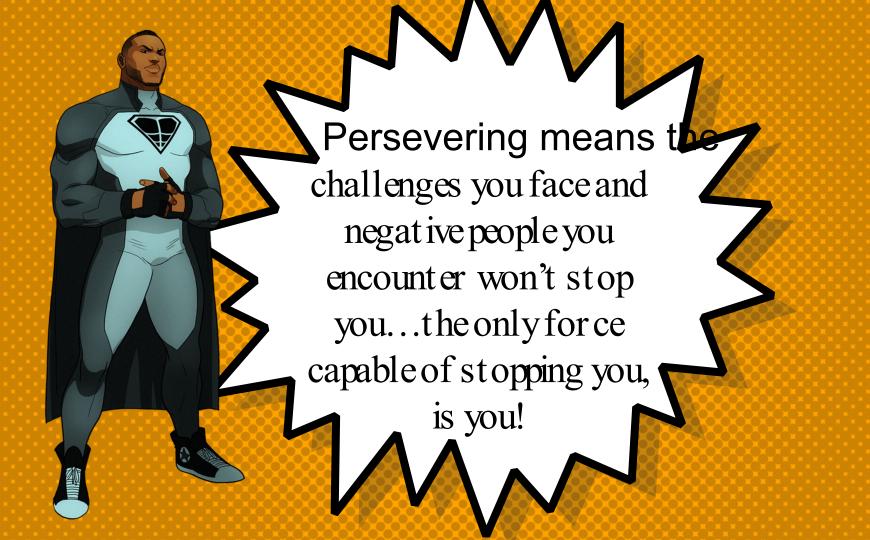
Perseverant



Perseverance is..

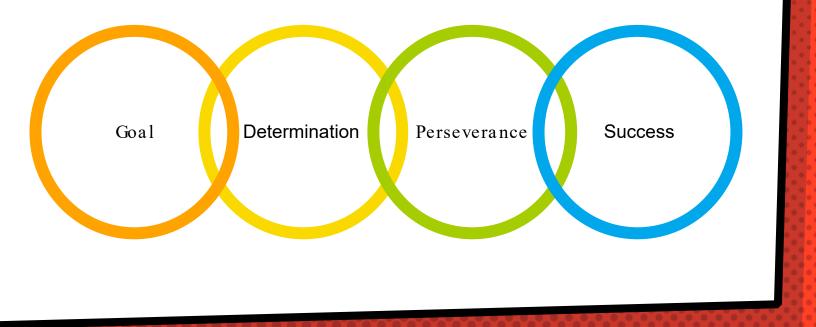
the act of continuing to do something even though it is difficult

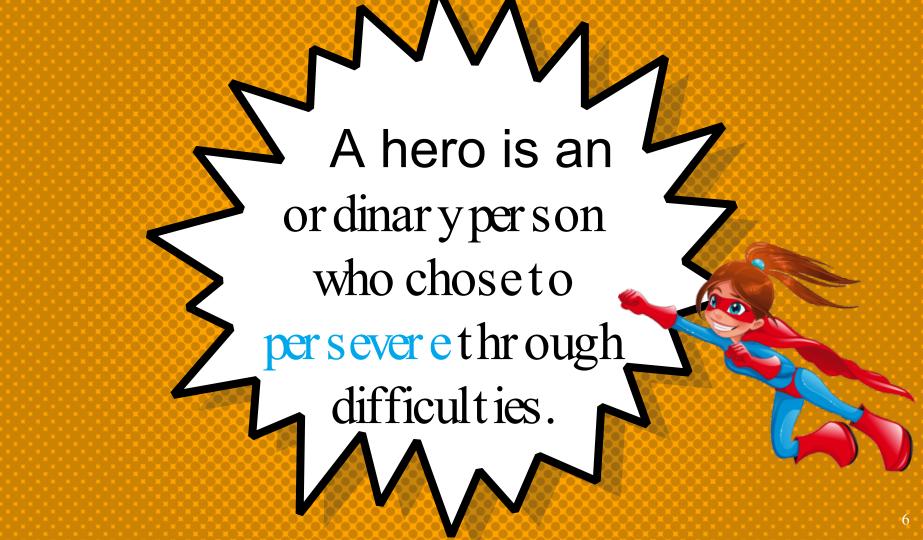






THE PROGRESSION OF PERSEVERANCE





8 Ways to Build Perseverance

Keep in mind: perseverance is the result of falling and getting back up



TURN AND TALK ABOUT YOUR HERO MOMENT...

Think about a time when you faced a challenge and persevered or someone you look up to showed perseverance.

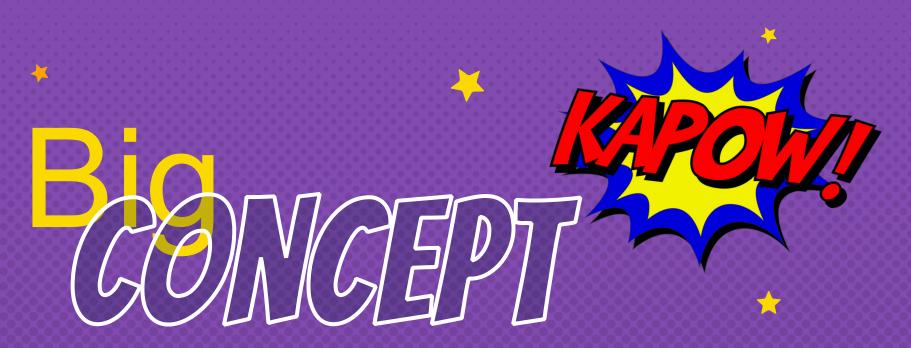
- ★ What challenge did you face?
- ★ What steps did you take to accomplish your goal?
- ★ How did you feel afterwards?
- ★ What advice would you give to someone who is astruggling with giving up?



HOME CONNECTION

Perseverance is a choice we make. As a family, think of a goal you would like to achieve and what steps you need to take to be successful.





We make choices every day, the choice to persevere is choosing to keep pressing onward regardless of the circumstances.

